

FREE FIND MY INSPO APP

College is a lot. inspo helps.

01

Explore your energy

A 3-minute check-in shows what's fueling you and what's draining you. Discover your motivation, choose your focus, find your next move. No labels, just clarity.

02

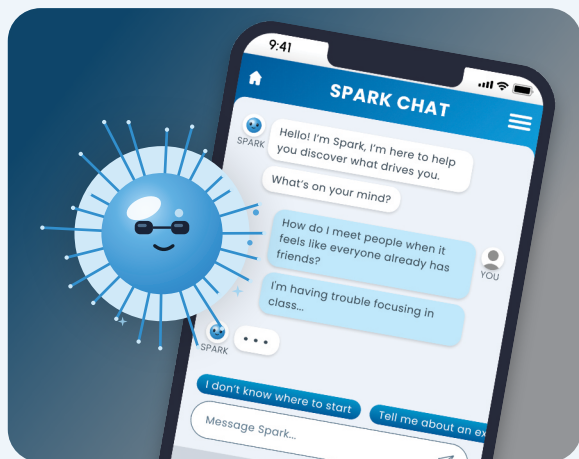
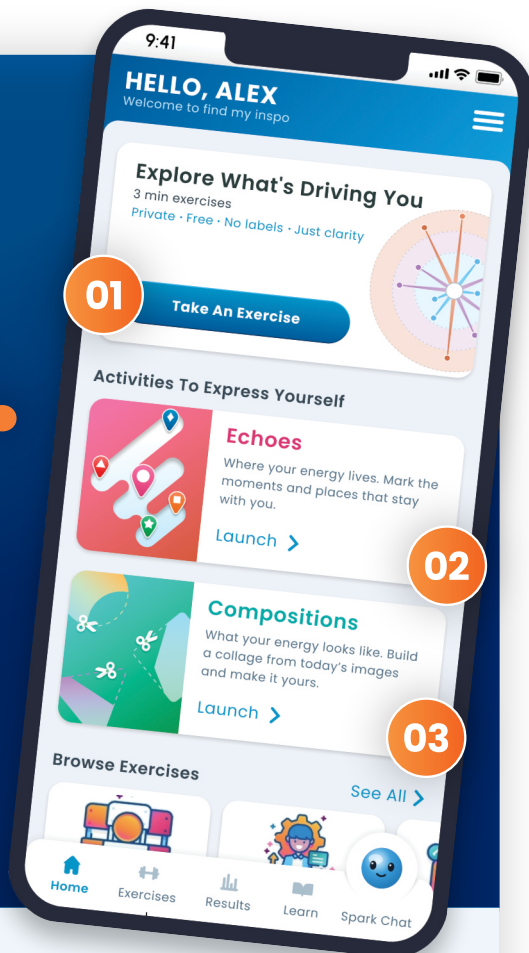
Echoes

Map where your energy lives. Drop a pin on the moments and places that stay with you and build your own map of campus.

03

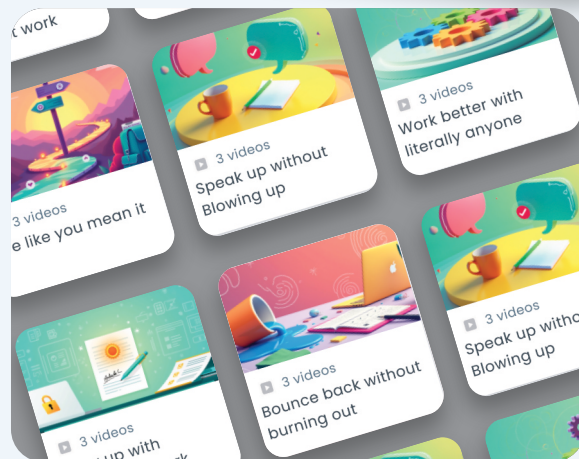
Compositions

Create what your energy looks like. A fresh prompt and new images every day, no words needed. Take the daily challenge and share it with your people.



Get Unstuck

Ask Spark anything. Talk it out, figure out what you need, and discover real support and resources right here on your campus.



Learn the skills class Skips

Short videos on what really matters: decide with confidence, bounce back without burning out, speak up without blowing up, and lead without the title.



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FIND MY INSPO

Private · Free · No
labels · Built on real
motivation science